

Preventing Slips, Trips, and Falls



Best Practices for a Safe Work Environment

Slips often happen when there is not enough traction between footwear and a walking surface.

Trips occur when your foot collides with an object, causing you to lose your balance and eventually fall.

Falls are often the combination of a slip and a trip. Approximately 13.9% of WCB claims are a result of a fall that has taken place on surface levels that are the same height.

In Canada over
42 000
workers are injured
by a fall each year

What YOU can do!



Proper footwear will help prevent slips and trips. Appropriate footwear that is properly fitted, increases comfort and prevents fatigue, which in turn improves safety.



Keep walking areas clear from clutter and obstructions. Ensure walking surfaces are in good condition and there is sufficient lighting installed.



Take your time and pay attention to what is going on around you. Adjust your stride to a pace that is suitable to the walking surface and task you are doing.

BE ALERT. BE SAFE.

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