BECOMING A BEHAVIOURAL DETECTIVE:

UNDERSTANDING, SURVIVING AND SUPPORTING COMPLEX BEHAVIOUR

There is always a reason for the behaviour! This one-day workshop will provide an understanding of the integrated neurobiology of sensory processing and emotional/relational problems that result in "challenging behaviour".

Participants will be invited to forever more become behavioural detectives, using clinical reasoning, to look deeper than the surface actions we observe. By seeking to understand why people do the things they do, from a myriad of



perspectives, we allow compassion into the equation. This alone changes the brain – but this mindset of clinical curiosity supports treatment strategies at home, at school and in all levels of relationships.

YOU WILL LEARN:

- To identify and discern the neurobiology of challenging behaviour
- To differentiate between the sensory, emotional and cognitive components of behaviour
- To understand the integration between visual, vestibular and auditory contributions to learning and engagement
- To adopt a mindset of curiosity which supports relationships in becoming more healthy, respectful and connected



BECOMING A BEHAVIOURAL DETECTIVE

GIBBONS COMMUNITY CULTURAL CENTRE, 5115 51 St, Gibbons Monday, April 15, 2019

9:00am to 4:30pm

coffee and water will be provided please note that lunch will not be provided

register at https://goo.gl/forms/3T2hNmAaN0JwUieg2 by April 8, 2019

If you have any questions please contact Jesica Logan, at jesica.logan@sturgeon.ab.ca or 780-939-4341 ext. 1267

